

Bellbrae Primary School

50 School Road
Bellbrae, 3228
Victoria

(03) 5261 2660

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Policy ratified by
School Council

December 2016

Rationale

Over exposure to the sun presents serious health risks. It is important for students to be educated about sun protection. They should have a healthy approach to UV exposure and be protected from the sun whilst at school.

Purpose

To educate students and the school community of the increasing risks associated with exposure to the sun and to encourage a safe approach to protect students from UV exposure.

Guidelines

- This policy is to be read as part of our Uniform Policy.
- Responsibility for the protection of students from excessive sun exposure must be shared between parents, students and the school.
- All students are required to wear the school uniform broad brimmed hat when outside during Terms One and Four and use other protective measures where appropriate (e.g protective clothing, sunscreen).
- They will be encouraged to seek shade for outdoor activities during high-risk times, (e.g. during sport, lunchtimes, school camps and excursions).
- It is the students' responsibility to apply and reapply sunscreen where necessary. (eg. Swimming carnival, athletics days).

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Program

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Purpose

- To educate students as to suitable Sunsmart protection strategies and practices.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation

1. Students will be required to wear broad brimmed hats during Terms One and Four, whenever they are outside, as recommended by the Anti- Cancer Council in their Sunsmart Policy.
2. Students without recommended hats will be restricted to playing in designated shade areas.
3. Students will be encouraged to use the existing shade provided by school buildings and trees (provided the weather conditions are suitable) in the school grounds.
4. Staff will act as role models by also wearing broad brimmed hats when outside.
5. Students will be actively encouraged to wear a broad spectrum and water resistant sunscreen (SPF30+).
6. Planning of excursions, camps, outdoor activities and sport will take into account appropriate Sunsmart behaviour.
7. Any future developments to the grounds will be considered in light of the Sunsmart Policy where appropriate.
8. The school newsletter and school assemblies will be used to highlight and reinforce the Sunsmart Policy.
9. Sunsmart activities will form part of the Health and Physical Education curriculum at all year levels.
10. Students will be actively encouraged to be Sunsmart when participating in outdoor activities, (e.g. Swimming carnival, athletics days).

Evaluation

- This policy will be reviewed and evaluated as part of the school's three year review cycle.