



BELLBRAE BULLETIN

Acknowledgement of Country Bellbrae PS



Our school sits in beautiful forest and coastal country, and is the traditional home of the Wadawurrung people. Today we acknowledge the care they have given to this land for thousands of years, and the care they continue to give. We always remember that our community learns and grows on Wadawurrung land and we acknowledge and pay our respects to Wadawurrung Elders past, present and emerging.



THIS WEEK FROM THE PRINCIPAL

Olympic Fever - It's been fantastic to see our students embrace the Olympics, which has given our staff many incidental learning opportunities in the classroom. This has included cultural aspects, discussions focussing on sportsmanship, medal tallies, biographies, news updates and athlete profiles, to name but a few. The success of our Australian athletes has added to the hype, which has also generated a lot of interest in sports which we may not often encounter.

School Council - At our meeting on Monday night, staff presented an overview of the school's NAPLAN results. Although these are only one measure of a school's academic performance, it was pleasing to note our achievement was well above state and national averages in most learning areas. Team Leaders will be further analysing data at our next meeting, which will give us valuable insights into how we can improve pedagogy at Bellbrae. The School Council also signed off on the Solar Power initiative, which will see panels erected on the gymnasium roof over the next school holidays. This will not only reduce our power costs, but is also a more sustainable option compared to alternatives. Students will have access to data detailing daily energy consumption, which will also create multiple learning opportunities and knowledge sharing in the classroom. Other items of discussion included fundraising activities, upgrading school playgrounds, traffic management, staffing and digital learning technologies.

Canteen - From next week parents will be able to order food from the canteen for recess as well as lunch. We have also extended the number of days the canteen operates, to include Mondays. We are hoping that these extended hours will meet the needs of our families and that the service will be utilised. Suzanne and the School Council will review the success of this over the remainder of the year, including changes to the menu, which were considered after input from the survey that was conducted last term.

Professional Learning - On Monday, our staff continued their professional learning on the Berry Street Education Model with a focus on relationships and how students differ in their ability to communicate needs, and the actions which will best support their development. As a school, we were able to reflect on the effectiveness of our wellbeing practices and gain deeper insights into rupture and repair, trauma responses, the effectiveness of praise, golden statements and active constructive responding. Furthermore, staff wellbeing was highlighted as a crucial piece of the puzzle as we are constantly exposed to situations which require significant emotional resources. We are confident that consistent implementation of these strategies will support our students to develop into the best versions of themselves now and into the future.

On Wednesday afternoon we also had Coby Reynolds, a parent and Digital Learning Consultant, hold a professional learning session for our teachers after school. Coby covered Digital Literacy and Digital Technologies ideas which can be implemented in the classroom using the school and BYOD iPads' core applications and also additional apps such as AR Makr and TinkerCAD. Furthermore, a very engaging School AI program which allows teachers to create their own learning bots for students to interact with. Be prepared for some interesting conversations i.e. "today I was talking to the Very Hungry Caterpillar/ LeBron James/ Albert Einstein".

It seems as though we have some great weather lined up for the next few days, so make the most of the beautiful environment in which we live and enjoy our wonderful Surfcoast.

Adrian

IMPORTANT DATES & INFO

ASSEMBLY DATES

16th August

30th August

Thursday August 15th

CBCA Live Theatre
Performance incursion

Monday 19th August

Book Week Dress up day,
Magic Show and
workshops

20th - 21st August

Magic show workshops and
Foundation to Grade 3 Author
Incursion.

Friday 23rd August

Grade 4 - 6 Author Visit

Wed 21st August - Fri 23rd August

Grade 3 - Camp Wyuna

Monday 2nd September

Grade 6 - BioCats Excursion

Wed 4th Sept - Fri 5th Sept

Grade 5 Sovereign Hill Camp

Mon 9th Sept - Fri 20th Sept

Intensive Swimming Program
Grades Foundation - 4

Future Curriculum Days

Monday 4 November 2024



5261 2660



**ENROLMENTS
OPEN NOW FOR
2025**

BIRTHDAYS

10TH AUGUST
GEORGIA SMEDLEY
LEILA ALAM

11TH AUGUST
LOGAN FISHER

15TH AUGUST
OLIVE ADAMS
INDIE STONE

16TH AUGUST
JAMES LLOYD

17TH AUGUST
MITCHELL HAMMOND
OWEN MOLLOY

18TH AUGUST
ELI ANASTASIU

20TH AUGUST
DIGBY BYRNES

21ST AUGUST
ERNESTO THEVENON
CHARLIE HAMILTON

23RD AUGUST
SCOUT KEYTE
PIPPA CLYNE
ALBY CATIONS



**BELLBRAE
PRIMARY
SCHOOL**

*A community of critical thinkers
and innovative learners.*

**ENROLMENTS
NOW OPEN FOR
2025**

All enrolments welcome!

*Foundation enrolments to be submitted
by Friday 26th of July*

**CONTACT US TO
BOOK YOUR
SCHOOL TOUR:**





(03) 5261 2660

bellbrae.ps@education.vic.gov.au

www.bellbraeps.vic.edu.au/



VALUES AWARDS

 ASPIRE	 RESPECT	RESILIENCE 	 RESPONSIBILITY
MAYA REYNOLDS FA	MITCHELL HAMMOND FA	ISAAC TAYLER FC	LUCIANO PASSUELLO FD
INDIKA LYNCH FB	TYLER GLENNIE 1B	AUDREY BRISENDEN 4B	IMOGEN PAGE 1A
MONT KRUSE FB	GRACIE PRICE 3B		NOAH DUNCAN 2A
GOLDIE CARRACHER FC	EDEN INGRAM 4C		THOMAS BAKER 3A
ADAM HUNTER FD			LEXI GYS 3C
CARTER RAMSEY 1C			TYLER CORMACK 5A
RILEY KNIGHTS 1D			COEN BONES 5C
ROCKY OTERO – CLARK 2B			ASH HEDE 6A
LACHLAN CALLAHAN 2B			FREDDIE PRICE 6B
MILO BAKER 2C			
SAILOR JOY KNAPTON 2C			
KAI WAKEFIELD 3A			
CHARLIE HAMILTON 3B			
HOLLIDAY WEIDNER 4A			
SAM BEAN 4A			
LANA SYNOT 4B			
QUIN EASOM 4C			
PRIYA BUGGY 5B			
POPPY HAMILTON 5C			
ZAC LAWSON 6A			
COCO HURLEY 6B			



Welcome School Wide Positive Behaviour Weekly Update

Our whole school focus in Weeks 3 and 4 will be showing our school value of Aspire – we give our personal best. All classes will engage in teaching and learning activities that explore:

- Setting personal goals and recognising our personal growth, rather than comparing ourselves to others.
- Developing a strong growth mindset and continually aspiring to be our personal best.
- Focussing on reaching our goals and being proud of our achievements.



SPORTS NEWS

Well done to our Bellbrae Athletics Team that competed in the City to Surf Athletics last Friday. Our students performed to a very high standard whilst displaying our school values. Congratulations to those students who have qualified for the Bellarine Finals, we wish you well!



CANTEEN NEWS

This weeks changes to the canteen have started off well with a good number of recess orders throughout the week. A reminder the recess & lunch orders will be available from Monday 12th August.

**This fortnights Canteen special is Baked Potatoes
Topped with tasty cheese, slaw & sour cream.**



On another note, we regretfully say goodbye to Helen, who has been instrumental in developing and implementing the canteen over the past 12 years. We want to extend our heartfelt thanks to Helen for her delicious lunches and yummy muffins. Her dedication, leadership, and professionalism have been truly inspiring and a tremendous asset to our school.

We will miss her greatly and wish her all the best in her new role teaching food studies at Lorne Secondary College.

We are also pleased to welcome Samantha Miller to the team. We hope everyone will give her a warm welcome as she begins her new role.

**REGISTER
NOW**



BUILDING ROCKET SHIPS

**FREE parent/carer
Workshop**

Presented by BATforce, this interactive workshop gives parents and carers skills, tips and strategies as their child transitions from early years to school. Explore the importance of school/family partnerships, building resilience and the role of technology in your family life.

Register



**Tues 3 September
6.30-8.30pm**

Kurrambee Myaring
Community Centre

P: 5264 9250 E: kmcc@surfcoast.vic.gov.au

Suitable for
parents/carers
of Pre-School - Year 2
TOPICS INCLUDE:

Boundary setting

Making space for
emotions

Creating community
connection

Creating space for
creativity

When to worry about worry

E SMART ONLINE SAFETY NEWSLETTER

e Smart Update 8 - 2024

STAYSMARTONLINE

These tips will help you stay safe online

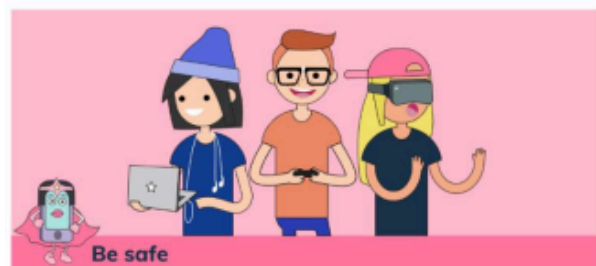
1. **Explore together** — ask your mum, dad, carer or a trusted adult to play new games or apps with you at first.
2. **Stay close by** — when you use a phone, tablet or computer by yourself, make sure your mum, dad or carer is nearby so you can get help if you need it.
Bonus tip — don't use your device alone in your bedroom.
3. **Ask before you download, install or buy anything** — check with your mum, dad or carer first.
4. **Keep your personal information private** — don't give out your address, which school you go to, phone number or passwords. Find out more.
5. **Check your privacy settings and talk about what to share** — make your online accounts private and talk to your mum, dad or carer about the kinds of photos and information it is OK for you to share online. Find out more in the eSafety Guide.
6. **Cyberbullying** — if you receive a mean message, or a message that is mean about someone else, try not to respond and don't forward it. Tell an adult you trust about it and read our tips on what to do.
7. **If you see something online you don't like** — show your mum, dad, carer or a trusted adult immediately. Find out more.
8. **If someone you don't know sends you a message or you receive a message that makes you feel uncomfortable or unsafe** — tell your mum, dad, carer or an adult you trust straight away. Find out more.
9. **Only 'friend' or add people you know in real life** — remember that not everyone online is who they say they are, so don't accept friend requests or followers you don't know.
10. **Don't meet up with online friends** — It is best to keep 'online friends' online, so if you do chat to other kids in online games don't meet up with them in person.

For more information, please visit;

<https://esafety.gov.au>

Mr O'Donnell
Year 4 & e Smart Bellbrae PS Coordinator

Being safe online





REWILDING THE RIDGELINE

RESTORING NATURAL HABITAT AND BIODIVERSITY WITH YOUR FAMILY AND COMMUNITY



Make a positive environmental impact:

Help restore local ecosystems and learn about native flora, fauna and fungi.

Held in Friday "Community hour":

- Community hour is Friday's when assembly isn't on (dates to be confirmed).
- Sign out your kids* at the office at 2:30pm.
- Head down to the bike path beside the Great Ocean Road.
- Parents and kids both participate - it will be fun.
- Rewilding finishes at 4pm.



Get involved:

Sign up to **Rewilding the Ridgeline WhatsApp group** by contacting James (Patto) Patterson on **0403 943 757**. More details to come.



*Please note that your child might miss out on other Curriculum-based learning during Community Hour



JAMES PATTERSON 0403 943 757

www.springcreekvalley.org

**SPRING
CREEK**



VALLEY



Bellbrae Business Directory

Showcasing local businesses who support Bellbrae Primary

www.bellbraebusinessdirectory.com.au

Do you need a window cleaner, trades, financial advice, or a real estate agent? Visit the Bellbrae Business Directory to view a list of local Surf Coast businesses that can help you.

Please join us in supporting the businesses who support us.

Business Categories

- Health
- Trades & Services
- Retail & Hospitality
- Sport, Recreation & Fitness
- Finance & Legal
- Business Services
- Tourism
- Education & Training
- Pets & Animals
- Property & Construction
- Event Services
- Beauty & Massage
- Marketing & Advertising
- Activities & Hobbies

www.bellbraebusinessdirectory.com.au

**List your
business
NOW**

via the website



Lunch orders



Canteen

Wednesday, Thursday

ONLINE ORDERS



By 9.30AM DAILY



*** Reminder to complete your order. You must get to the payment section to complete. If you do not receive a payment confirmation and canteen order number via email, your order will not have been processed. (See below) ***

Compass
Canteen order - 20225224000641

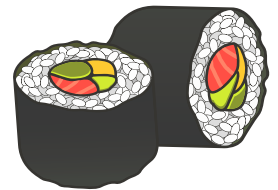
CompassPay
Payment Confirmation

Canteen – Specials

Please see canteen menu on the Compass App

Sushi Tuesdays

Online Only by 8pm Monday
Nights healthysushi.square.site



COMMUNITY NEWS

SIMPLIFY & SORT

"Where Clutter Ends, Calm Begins"

Are you a busy person, do you run a busy household?
We are here to help you.

If you don't have time, we do!

- Refresh & de-clutter your living spaces
- Help with downsizing/relocating
- Personalised service
- Eco-friendly practices

Whether its one cupboard, one room or the whole house.
We can help you regain functional flow & order.

We are reliable, super efficient & friendly

Contact us today. Let's get started!

☎ 0493-828-736

✉ simplifyandsort@gmail.com



JUNIOR SUMMER COMP

New players and all abilities welcome!

SEASON RUNS OCTOBER 2024 – MARCH 2025

Please Register online:
www.surfcoasttennisclub.com

Any queries please email:
juniors@jvtennis.com.au

Registrations close 11th August 2024





ANGLESEA C.C.
EST. 1902

ANGLESEA CRICKET CLUB
COME & TRY
JUNIOR TRAINING SESSION



SUNDAY 8TH SEPTEMBER 10-12 ELLIMATTA RD ANGLESEA

ALL JUNIORS WELCOME
BOYS & GIRLS - U11, U13 & U15s
BRING YOUR FRIENDS

Senior coaches and players will be attending
Information on the 24/25 season will be available

SAUSAGE SIZZLE
GIVE AWAYS
FAMILY FUN

FOR MORE INFORMATION CONTACT: PETER BUTCHER 0448 811 038



The Surf Coast Family Hub offers specialist care that is individually-tailored and enables continuity of support for families from the Surf Coast and beyond. Our multidisciplinary team offers perinatal support, addressing the wellbeing needs of people from pregnancy through to parenthood, along with general support for individuals and families facing challenging times. We work with infants, children, adolescents, individuals, couples and families.

Wherever you are in your journey, let us support you.

MAKE AN APPOINTMENT TODAY:

Jan Juc Village
16 Princes Terrace
Jan Juc

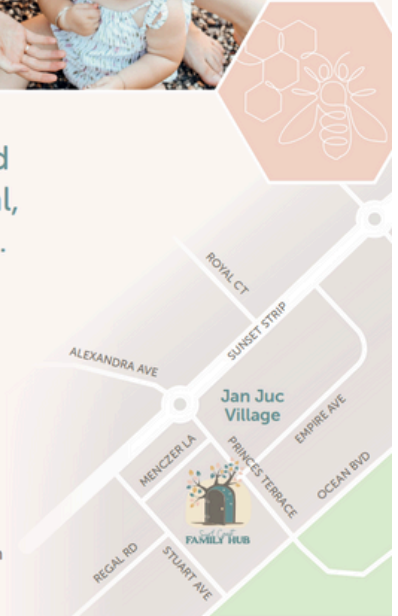
0491 184 788
www.surfcoastfamilyhub.com.au



Holistic, evidence-based care to support perinatal, child & family wellbeing.

OUR SERVICES:

- Perinatal & General Psychology
- Child/Adolescent Therapy
- Couples Therapy
- Massage
- Acupuncture
- Midwifery Continuity of Care
- Pregnancy / Birth / Postpartum Education
- Music Groups



WHR ALLIED HEALTH

Proud Gold Sponsors of the
2024 Bellbrae Mayfair

Our Torquay clinic has
IMMEDIATE CAPACITY
to provide occupational therapy
services to clients aged 3+

We are currently receiving
referrals for:
Private, Medicare, NDIS, My Aged
Care funded clients



OUR SERVICES

OCCUPATIONAL THERAPY

- Experienced & skilled in supporting people with ASD, ADHD, Intellectual Disability
- Paediatric OT
- Feeding Specialist
- Mental Health OT
- Home Modification
- SDA & SIL Assessment & Reports
- Therapeutic Listening Interventions
- Assistive Technology Assessment & Recommendations

THERAPY ASSISTANTS

- Implementation of WHR OT Skill Development Plans

GROUP PROGRAMS

- Sex Education
- School Readiness Programs
- Mental Health Support & Education

SCHOOL PROGRAMS

Contact us directly to provide services for:

- School OT
- Kinder Screening
- School Readiness
- WholeMind
- Teacher Webinar Series
- Sensory Regulation Strategies
- Classroom Environmental Audits



We have immediate capacity! Visit our website or contact our admin team to refer!



PlayConnect+

Supporting Families With Children With a Disability or Developmental Concern

Torquay Children's Hub
27 Grossmans Road, Torquay
Tuesdays 9:30am - 11:30am

PlayConnect+ playgroups are open to all children with disability and/or developmental concerns aged 0-6 years. Our playgroups are for children, their families, carers and siblings. No diagnosis is required. All sessions will be facilitated by qualified professionals. PlayConnect+ playgroups are a great way for families to connect, share knowledge, ideas, and have fun!

Register your interest with our local facilitator
Helen Punton
hpunton@playgroup.org.au
Ph: 0472 722 587





Share your world Become a foster carer

It's the little things that matter most – like having a safe place to call home, someone you can smile with and the right support.

You can make an extraordinary difference in the life of a young person by sharing those ordinary, everyday moments.

We are looking for compassionate individuals, couples and families to become foster carers to provide a safe and supportive home for vulnerable children and young people. We'll support you 24/7 and provide all the training you need.

Share your world. Become a foster carer.

1300 592 227
lwb.org.au/foster-care



**LIFE
WITHOUT
BARRIERS**

Scan to find out more.

A Celebration Day for Girls

AUGUST 2024
Location Torquay
Venue TBC

Friday 2nd August
6.30pm - 8.30pm
&
Saturday the 3rd of August
10 - 4pm.

Session times are:
Friday 2nd August
6.30pm - 8.30pm Mothers/female
carers only

&
SATURDAY 3rd August
Sat 10am - 1pm
Daughters only

Sat 1pm - 4pm
Daughters & Mother/carers together

Cost \$165 per mother & daughter duo
/\$125 con
\$240 mother w two daughters

For more info & bookings contact:
Michelle Buggy
0417 168 070
informemotion@gmail.com

*Sessions are also run by request so
please contact me to arrange a date
that suits you *



For girls 10–12 years
old with their mother
or female carer

At the Celebration Day the girls experience positive menstrual education through lively discussion, fun activities, women's stories and a gentle celebration of puberty.

Menarche is a signpost of the beginning of a girl's fertile years and the menstrual cycle is an intrinsic aspect of womanhood. Extensive research has shown that for young girls who experience menarche well-prepared, with a positive introduction and emotional support, the result is higher self-esteem, fewer negative cycle related symptoms, favourable overall menstrual perception and easier subsequent births.

As such the positively presented information, activities and conversation around these topics at the **Celebration Day** can have a profound and lasting impact on girls, in conjunction with the ongoing support of mothers, families and other carers. By enabling a healthy and grounded experience of the changes of puberty we deeply nourish girls' self-esteem, self-awareness and positive body-image. In this way we can support a physical and psychological integrity that underpins healthy decision making around relationships, sex and fertility when that time comes, as well as other life choices.

At the **Celebration Day** girls are warmly invited into the time-honoured, nurturing connection and support women have long shared with each other. Many participants report that their mother-daughter relationship is enriched and enlivened as the doors of communication in this key area of female experience and development are opened wide.

The first part of the day is spend with the girls on their own and, just before lunch, the mothers/female carers will join us for the rest of the day (and grandmothers who are available and wish to participate).

"Since the Celebration Day Sophie has been so chatty and open - asking questions about menstruation and talking about all the changes and experiences of puberty. I'm so pleased."



OUR JUNIOR TENNIS PRORAM

Are you looking for an enriching and enjoyable activity for your child that promotes fitness, skill development, and teamwork?



At JV Tennis Academy, we prioritize enjoyment alongside improvement, ensuring every child feels welcomed and motivated to succeed.



Our expert coaches bring a wealth of experience and infectious energy to every session, ensuring your child learns, grows, and thrives on and off the court.



Life's busy – we get it! That's why we offer classes Monday through Friday, right after school. With three convenient locations in Torquay, Jan Juc, and Bellbrae.



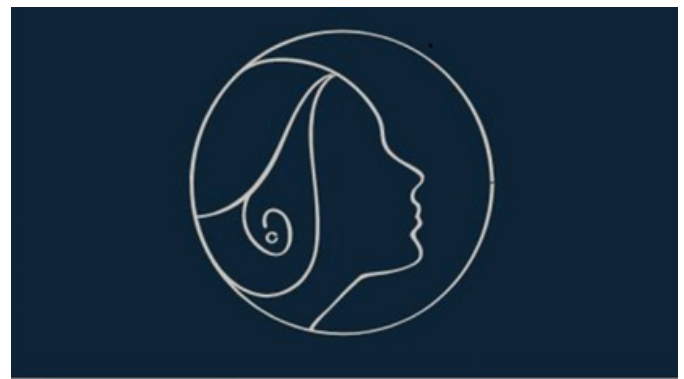
JV Tennis Academy is more than just a tennis school – it's a vibrant community where young athletes thrive and friendships flourish. Our mission? To inspire, educate, and empower the next generation of tennis champions!

Our Junior Hot Shot programs cater to kids aged 4 to 12, offering a dynamic blend of skill-building, strategy, and pure tennis fun! Whether your child dreams of mastering the perfect serve or simply want to rally with friends, our expert coaches are here to make it happen.

Join us for a free trial session!

Don't miss out on the opportunity and book in a free trial session today! For more information, visit our website at www.jvtennis.com.au or contact us directly at admin@jvtennis.com.au

Looking forward to seeing you on court!



WOMEN'S HEALTH
TORQUAY

1a Fischer Street
Torquay

PH: 03 9828 7550

womenshealthtorquay.com.au

Women's Health Torquay –
Created by women
for women.